



SOUTH POINT HEMP

Smokables — CBD Products designed to be inhaled

ESSENTIALS

- ✓ Effects are immediate
- ✓ Lasts 2-3 hours
- ✓ Effective for relaxation and stress relief

BENEFITS

- Rapid Effect
- No Nicotene
- Non-Intoxicating/Addictive
- Natural Alternative
- Smoking Cessation
- Calming

AVAILABLE PRODUCTS

- 1gm Pre-Rolls (2 per container)
- ½ gm Pre-Rolls (7 per container)
- 7gm Shredded Flower
- ½ oz Shredded Flower
- 7gm Whole Flower
- ½ oz Whole Flower

AVAILABLE STRAINS

- Cherry Wine
- Mountain Mango
- Pineapple Destress
- Quick Kush

HELPS WITH

- Stress
- Pain
- Anxiety
- Depression
- Inflammation



The Ins and Outs of Smoking CBD

Smoking cannabidiol (CBD) might not be the only way to consume this increasingly popular cannabis compound, but believe it or not, there's reason to believe that it is one of the most effective ways to experience the benefits of this non-intoxicating cannabinoid.



So, what does smoking CBD do? Are there benefits to this method in comparison to oral ingestion or topical application, for example?

For starters, smoking CBD has been shown to increase bioavailability, which is the proportion of a substance when it enters the body's circulatory system. When medications are administered in ways other than intravenously, the bioavailability rate naturally drops. This is due to incomplete absorption and what's known as first-pass metabolism — when the concentration of a substance is reduced before it reaches the circulatory system.

Smoking has been shown to increase absorption. One study, [Human Cannabinoid Pharmacokinetics](#) published in 2017, states that “smoking provides a rapid and efficient method of delivery,” although the bioavailability can vary broadly based on how the CBD is smoked (duration, spacing of puffs, hold time, and inhalation volume).

When smoking or vaping CBD, the cannabinoids are sent directly to the lungs before being rapidly absorbed into the bloodstream and put into circulation throughout the body. It reaches peak concentrations in plasma within 3 minutes after consumption, meaning the effects can be felt almost directly after use.

The effects of smoking CBD will vary depending on the product and the individual who is consuming the CBD. For example, dabbing a pure CBD isolate will likely cause different effects than hitting a high-CBD vape pen that also contains some THC.

While CBD doesn't get you high or intoxicated, it has been known to provide a sense of calm, relaxation, and well-being. CBD can make some people feel sleepy, relaxed, generally at ease, happy, or even energetic.

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